

# Association for Health Welfare in the Nilgiris

Post Box No.20, Gudalur. The Nilgiris. 643212 04262-261645

ashwinigudalur@gmail.com, www.ashwini.org



The Vision of ASHWINI is to have a Health System for the tribals of the Gudalur Valley that is accessible, acceptable, owned and managed by the community. We believe that communities can be empowered by ownership of Institutions that cater to their own needs as well as that of the mainstream. ASHWINI was registered as a Charitable Society in 1990.

*Coming together is a Beginning, staying together is Progress, and working together is Success...  
"Henry Ford"*

## In focus this year...

We are nearing our ultimate goal of handing over management and governance to the tribal community. A two day workshop was held with the team to plan for this move and the plans made are being rolled out.

A Management team was elected and they have been meeting regularly and taking stock of management issues. The junior team members have also shown motivation and are taking on more responsibilities.

The Board of ASHWINI and the management teams have had several capacity building sessions. The different departments prepared their budgets and presented it to the Board for sanction. There is a much better understanding of finances at all levels; a key to ownership...

## Hospital Activities...

The pace remained steady with much improvement in the operation of computerized system "Bahmini". The staff are all now familiar with it and use it efficiently.

- 9724 tribals and 23,156 non tribals attended the outpatient clinics.
- 1,797 patients were treated in the dental department.
- 1260 tribal patients and 388 non-tribal patients were admitted and treated
- 310 deliveries and 524surgeries were performed at GAH
- 1,611 X-rays, 2,159 ultrasounds, 190 endoscopies and 24 audiometries were done.

An EEG machine was acquired, one of the lab technicians trained and EEGs are now being done routinely at GAH. 30 EEGs were done this year with reporting online. Special thanks to Dr.Vivek Mathew and the electrophysiology dept at CMC,Vellore for this great telemedicine initiative.

Ms Rosily, the first lab technician who joined us in 1990, retired this year. She served the organization well.

Dr.Veena Sheshadri, an anesthetist, joined us last year, thus taking elective as well as emergency surgeries up a notch . Dr Abhinaya, a dentist has joined us.

Dr John Stephen took the place of Drs Ashish and Clyde who completed their two year rural bond from St Johns Medical College.

The hassle of pushing trolleys with patients up and down the steep hospital ramp will soon come to an end as work on the elevator is nearing completion.

## Community Programme Updates...

The new activity for the year has been the implementation of opensource software to capture the community health programme data. Each area has been equipped with a tablet and as the first step, maternal and child care programmes have been shifted to this. This was made possible by ARRIS India, a company based in Bangalore.

We continue to focus on improving the utilisation of Govt services by the tribal community. Along with our sister organisation, VBVT, advocacy activities with the ICDS office and discussions in the villages have been ongoing. The nutrition centre in Moochikundu village has been converted into a Govt ICDS centre and two more are being considered.

The health volunteers remain active and participate in training and review sessions at the eight area centres. A two day workshop was held in March. The active involvement of the 20 ANM students made the workshop lively.

The Mental Health programme was supported by the Tata Trusts till March 2019. Sr.Dr.Shanthi Mary, a psychiatrist conducts clinic once a month. The community component continues with the help of psychologists and counselors. Special thanks to Julian & Susie Knott for their timely support for the community program through JAK Foundation, UK.



## Community Health Statistics...

No of total Health volunteers	305	No of Health Animators	16
Total tribal deliveries	323	Deliveries in hospital (96.6 % of all)	312
Antenatals with >3 Checkups (92.2% of all)	298	Couple protection rate	71%
No of children whose growth was monitored (93.7%of all)	1310	Normal weight (49 % of all)	687
Moderate malnutrition (36.8% of all)	515	Severe malnutrition (7.7% of all)	108
Complete immunisation at 2 yrs. of age	89.70 %	Complete immunisation at 3yrs of age	99.10%
No of new patients detected with Sickle Cell Disease.	8	No of Sickle Cell Disease patients under treatment	349
No of patients with Epilepsy	55	No of children on regular ICDS attending	465
No of Screening camps for NCD	19	No of people screened for NCD	563
No of patients with chronic diseases	991	No of chronic patients on regular medication	829
Suicide deaths	30	No of patients with TB on treatment	54
No of patients with severe mental disorders	194	No of patients with common mental disorders	186
<b>HIV intervention data :</b>			
Pregnant mothers screened for HIV	375	General clients	1117
Positive client identified	1	Health Education	256
Health education participants	3403	Home visit for PLWHA	131

## Disability Centre...

The new building for the Centre was inaugurated in Aug 2018. The funding for this came from the Welton Foundation, UK. A generous funding from Ms Manjuli helped to set up the physiotherapy unit.

- 213 new born babies were screened at the hospital
- Village based under five screening with calibrated noise maker has been started.
- 25 children were enrolled in speech and hearing program
- Eight children have been provided hearing aids. All these children are being followed up and speech therapy given.



Mr.Sachin, an audiologist from Bangalore, visits us on a monthly basis providing audiometric services and hearing aids.

Vocational training consists of plastic wire bag making, cloth bags with painting on them, stitching etc. Rotary Club of Gudalur Valley provided us with two sewing machines.

## Training...

The ANM school is in its second year with 40 students. The first batch cleared their exams successfully. VBVT runs a 45 day leadership and foundation course for these students to help orient them to their roles in the community. The training programmes as well as scholarships for higher studies are being supported by The Poristes Stiftung. The Rambo Committee, USA has also been financially supporting students for higher nursing courses.

2 students have joined for General nursing and one for MPH at TISS, Mumbai. Kavitha finished her physiotherapy training and joined us in June 2019.

15 medical, 20 nursing and 2 premed students from foreign universities were part of our medical elective program. Indian students included MHA students from TISS, MSc nurses from St Johns, Social work students from many universities etc.

A panel of 14 members from the community have formed the selection committee to support students who are finishing school and aspiring to go for higher studies.

The new campus construction supported by The Poristes Stiftung is progressing well. The quarters for staff and students will be ready soon.



Health Education At Government School by ANM Students



Sathumavu preparation By ANM Students in the village

## Research Updates...

The research department is getting established. We have secured permissions from the Government authorities like SIRO and DSIR.

A few research studies have started with the support of ICMR, Harvard Medical School Center for Global Health Delivery–Dubai etc. Pallavi with a health administration background joined us this year and is heading the department.

## The Plenti Volunteers...

This year saw a variety of skills being imparted to the team by experts in various fields. There were Nutrition and English lessons for the nursing students, mental health action planning, computer classes for staff, sessions on Governance and Management, radiation protection, finance analysis, HR role allocation, energy audit for the hospital, dental camps and health education, practical handling of various situations in the hospital, role plays etc. We thank each one of them for their support and valuable inputs.

## Awards...

Dr.Nandakumar Menon received the American College of Surgeons Surgical Humanitarian Award in Oct 2018

## Funding ...

The Tata Trusts' funding for the community and mental health programs continued till March. The Poristes Stiftung continues to support all aspects of the training program. Government funding for the Sickie Cell programme continues under NHM. The "Bed Grant" which reimburses the cost of treatment of tribal in patients is active on paper, but reimbursements to the tune of Rs 20 million are still pending. We have also received funding from The Welton Foundation UK, Speech and Hearing Foundation UK, the JAK Foundation UK, TIHF USA, From Here to There UK, Vidyalay.org, USA, The Anaha Trust, Nilgiri Adivasi Trust UK, Friends of Hope UK and many individual donors. Ms. Valery Hawkins made a substantial donation in memory of Mr. George MacDonald towards the mental health program. Dr Jayendra and Lavangika Patel continue their generous support.

*Our sincere thanks to all our supporters for sustaining the work.*

## ASHWINI Board...

Details of ASHWINI Board				
Name	Position	No.of meetings attended	Remuneration	Dr.Nandakumar Menon was invited to Boston, USA to receive the ACS Humanitarian award
M.Kethan	President	3	Nil	
K.T.Subramanian	Secretary	3	Nil	
N.Kumaran	Treasurer	3	Nil	

Staff salary	Male	Female
<5000	0	0
5000 – 10000	6	36
10000 – 25000	9	35
>25000	5	11
Highest salary – Rs.73200/- per month for Senior doctor		
Lowest salary – Rs. 7500/- Per month for new Admin staff		

# Final audit statement will be on our website soon!

## Financial Statement for the year 2018-2019 (Un-Audited statement)

### Receipts & Payments Account

Receipts for the year ended on 31/03/2019		Payments for the year ended on 31/03/2019	
Opening Cash and Bank Balance	45,42,191	<b>Hospital</b>	
Self Generated Income from Hospital Services /Interest from Bank/Community Fund	158,14,355	Salaries	83,20,326
From Indian Individual donors	17,56,369	Medicines & consumables	45,90,437
Grants from Tata Trusts	50,13,709	Operational Cost	115,74,475
Grants from Government	102,61,070	Laboratory	11,57,283
From International Individual donors	82,72,348	Canteen	18,37,909
Grants from International Agencies- Poristes Stiftung/Hope/The Nilgiri Adivasi Trust/Give India/Harvard	168,29,166	<b>Community Health Program</b>	
Sale of Investments - FD matured	362,52,867	Salaries	50,14,370
Loans/Advances	139,14,602	Operational Cost	27,81,586
Other receipts	2,11,439	<b>Training</b>	
Total Receipts	1,128,68,115	Salaries	15,63,404
		Stipend/Food/Accommodation	16,25,918
		Operational Cost	7,54,170
		Other Program Expenses	2,77,928
		Capital Expenses	88,72,350
		Purchase of investments – FD	382,60,500
		Loans/Advances	207,54,702
		<b>Disability centre</b>	3,97,319
		<b>Research &amp; Documentation</b>	20,31,489
		<b>Total Payments</b>	<b>1,098,14,167</b>
		<b>Closing cash and bank balance</b>	<b>30,53,948</b>

### Income & Expenditure Statement

Income in Rs for the year ended on	31/03/2019	Expenditure for the year ended on	31/03/2019
Earned / Self generated income	140,81,368	Curative Care	100,80,391
Donations from Indian Sources	17,56,369	Hospital Services	47,31,580
Grants from Indian Sources	113,72,985	Training	44,72,264
Donations from international Sources	82,72,348	Administration	34,39,640
Grants from International Sources	168,29,166	Personal Costs	70,69,845
Other Income	16,71,295	Community Health Program	62,15,337
		Support Services	30,65,869
		Research & Documentation	18,45,640
		Depreciation as per schedule	51,86,632
		Excess of income over expenditure	<b>78,76,332</b>
<b>Total Income</b>	<b>539,83,530</b>	<b>Total Expenditure</b>	<b>539,83,530</b>
<b>Excess of Income over Expenditure</b>	<b>113,09,618</b>	<b>Transfer to Healthcare/Society Fund</b>	<b>113,09,618</b>

Balance Sheet	
Assets as on 31/03/2019	In Rupees
Fixed Assets	1,240,27,348
Investments	369,92,334
Loans and advances	147,21,154
Cash and Bank balances	30,53,988
<b>Total Assets</b>	<b>1,787,94,824</b>
Liabilities as on 31/03/2019	In Rupees
Society funds	938,99,037
General fund (unrestricted fund)	254,97,086
Corpus fund	12,18,215
Restricted / Earmarked funds	155,36,738
Current Liabilities and provisions	426,43,747
<b>Total Liabilities</b>	<b>1,787,94,824</b>

### Donations

**In India** - Are exempt from income tax under section 80G of the income tax act. Money can be transferred directly to our account in SBI, Gudalur as ASHWINI DONATIONS, Current account No: 35765454150 IFSC Code: SBIN 001016

**In USA** -Tax deductible donations can be made by check to Vidyalay.org Foundation Inc and mailed to Ms.AsmitaShendye, 35 Meyer Drive, Clifton, NJ 07012

OR

By **online donation** through Tribal India Health Foundation <http://www.tihf.org.in/> and click the “donate” button on the page “How you can help”.

**In the UK** - Gift Aid can be a benefit if donations are sent to Account Name: From Here To There, Sort Code: 30-65-92, Account number: 16621468. Email: [friendsofgudalur@gmail.com](mailto:friendsofgudalur@gmail.com).

