



Association for Health Welfare in the Nilgiris

Post Box No.20, Gudalur. The Nilgiris. 643212
 04262-261645 www.ashwini.org
ashwinigudalur@gmail.com

ANNUAL REPORT 2012-13

The vision of ASHWINI is to have a health program for the tribals of the Gudalur Valley that is accessible, acceptable and owned by the community. It was registered as a charitable society in 1990.

The Gudalur Adivasi Hospital



The hospital construction, supported by The Navajbai Ratan Tata Trust, progressed in full steam. The major work comprising of a hospital block with blood bank, maternity wards, operating rooms and quarters for 2 doctors and 14 staff has been completed and the finishing is in progress. We hope to shift to the new building by June 2013. This has been a giant step in the life of the hospital. To have the basic infrastructure for smooth functioning is really a dream come true.

Most of the new equipment has been installed.

- New solar panels now give continuous power and the generator is getting some rest.
- The endoscope is being well used; 368 endoscopies were done in the year. Malignancies of the oesophagus and stomach were picked up; one early enough for resection.
- The Ultrasound machine with multiple probes has vastly improved the quality of ultrasounds.
- Cots and other furniture have been procured for all the wards
- ICU has all basic monitors and the theatre and labour room are better equipped.
- The lab is fully automated with chemistry, haematology and electrolyte machines
- Patients are being admitted and surgeries performed under the Chief Ministers Insurance program.
- The Toshniwal dental clinic is functioning well with the new equipment consisting of a new dental chair and X ray machine

Some Hospital statistics	
Hospital beds	36
OP	28194
Dental	1459
IP	1824
Referrals for tertiary care	54
Deliveries	246
Surgeries	299
Commonest admissions	
Pregnancy related	281
Respiratory diseases	202
Diarrhea /vomiting	267
Sickle cell disease	71
Diabetes Mellitus	64
Anaemia	58

Specialist clinics in Orthopaedics, ENT, Diabetic care, Paediatric surgery, Gynaecological surgery and Plastic surgery have been conducted regularly. The cytology and microbiology labs are functioning well.

The Community Health Program

Statistics of the Community health program	
Total tribal deliveries	359
% Deliveries in hospital	79.1
% Antenatals with >3 Check ups	93.3
No of children whose growth was monitored	1168
Normal weight %	64
Moderate malnutrition %	28
Severe malnutrition %	8
Children immunised at 2 yrs of age %	84
Couple protection rate	46.1%

The support for the Community health program from NRTT came to an end in September 2012. The activities continue with financing from mostly individual donors. The health volunteers continue to play an important role in the implementation of the program. With advocacy, three of them were selected as ASHA workers. The growing problem of malnutrition is being tackled by a drive to encourage the use of ICDS centres by all children. GIVE India has also raised resources to support the nutrition program

Training programs

BSS training program:

19 trainees will appear for exams in nursing, lab technician and pharmacy courses this year. All the 14 students from the last year passed with flying colours.

Training outside: Two of our students have joined for a 2 year diploma in Lab technology at Nagercoil. This will qualify them to take charge of the Blood Bank once it is set up. Another is being trained at the same place in Operating room nursing.

Medical student elective program:

A total of 12 students, mostly from the UK attended the course. As always, every one of them enjoyed their stay.

Other students:

2 Post graduate students from TISS, Mumbai did their internship at ASHWINI. 10 MSc nursing students from St John's Medical College in Bangalore had a placement here as part of their curriculum. Junior MBBS students from CMC, Vellore spent time here as part of their secondary hospital program. Other students and volunteers visited for various periods of time.

Government programs

The mobile outreach services visit the villages on a regular basis. TNHSP has reimbursed the hospital the costs of all in patient tribal admissions under its "Bed Grant" program. Five tribal counsellors continue in the various PHCs. The sickle cell program continues with the support of the Government.

Awards

ASHWINI was awarded the Rotary award for Social service for the year. The award was received by Dr Nandakumar and Dr Shylaja at the Annual meet in Hyderabad.

Staff

Dr Fran Flanagan, a paediatrician from Ireland volunteered at the hospital for a year. Dr Vivek, a junior doctor, manages the mobile outreach services. 4 of the nursing students completed their training and joined as staff. Mr Pushpanathan was recruited to help with the computers. Dr Gopal left for higher studies.

	Male	Female	International travel
			Nil
Tribal staff	9	32	Highest salary: Rs. 41470/month for senior doctor. Lowest salary: Rs 2340/month for junior nurse.
Non tribal staff	3	14	Secretary is the head of the organisation. He was not paid any remuneration
There was no international travel by board members or staff of ASHWINI			

Board members	Position	No of meetings attended	Remuneration	Salary Rs	Male	Female
Ms Janaki	President	4	Nil	< 5000	2	12
Mr. K.T.Subramanian	Secretary	4	Nil	5 - 10000	6	15
Mr. T.K.Ayyappan	Treasurer	4	nil	10 - 25000	2	17
				>25000	2	2

Funding Support

Our friends in the UK have set up a charity "From here to there". Donations through this charity will give us the added advantage of "Gift aid"

The Navajbai Ratan Tata Trust is supporting us for the up-gradation of the hospital. They also supported the Community program until September 2012.

The support of Skillshare International for training came to an end this year.

Poristes Stiftung supports the training programs at the ASHWINI Institute of Health.

Many donors supported us through "Give India", the online donation portal for medicines for out-patients, food for inpatients, dental care, malnutrition fund and transport for referral.

As always, our strong supporters helped us to pay off the advance towards land purchased and they continue to provide funds to keep the programs going.

Donations in India are exempt from income tax under section 80G of the income tax act. Money can be transferred directly to our account in SBI, Gudalur (ASHWINI, A/c No 11317309532, IFSC Code: SBIN 0001016)

In the USA, Tax deductible donations can be made through Tribal India Health Foundation (TIHF), C/o Hari Prabhakar, 6407 Wrenwood Drive, Dallas, TX 75252

In the UK, Gift aid can be a benefit if donations are sent to Account name: From Here To There, Sort Code: 30-65-92, Account number: 16621468.

Email friendsofgudalur@gmail.com.

Financial Statements for the Year 2012-13

Balance Sheet		Income & Expenditure Statement	
Assets as on	March 31 2013	Income for the year ended on	March 31 2013
Fixed assets	53805740	Earned/ Self generated income	6183309
Investments	12004958	Donations from Indian sources	396500
Loans and advances	4783691	Grants from Indian sources	16062708
Cash and bank balances	1637925	Donations from International sources	2249524
Total Assets	72232314	Grants from International sources	3645129
Liabilities as on	31/3/2013	Other income	206454
Society funds	49697103	Total Income	28743624
General fund (unrestricted fund)	2171679	Expenditure for the year ended on	31/3/2013
Corpus fund	1200019	Programme	13320955
Restricted/ Earmarked funds	9536659	Public education and fundraising	745206
Current liabilities and provisions	9626853	Management and administration	1152677
Total Liabilities	72232314	Other expenses	2664209
		Total Expenditure	17883047
		Excess of Income over Expenditure	10860577

Receipts & Payments Account			
Receipts for the year ended on	31/03/2013	Payments for the year ended on	31/03/2013
Opening Cash and Bank Balance	24560641	Capital purchased for the organisation	31445379
Earned/ Self generated income	4744061	Purchase of investments	34808601
Donations from Indian sources	396500	Loans and advances	21648545
Grants from Indian sources	21113105	Other payments	20738528
Donations from International sources	2249524	Total Payments	108641053
Grants from International sources	3853394	Closing cash and bank balance	1637925
Sale of investments/ assets	24720015		
Loans/ Advances	25978154		
Other receipts	2663584		
Total Receipts	110278978		

Method of Accounting: - Cash Basis, Fixed Assets are stated at historical cost, Depreciation is provided on Assets under Written Down Value Method, Receipts and Payments out of Earmarked fund account is directly accounted in Balance Sheet.

Thank you all for your continued support