



Association for Health Welfare in the Nilgiris

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ANNUAL REPORT 2013-14

The vision of ASHWINI is to have a health program for the tribals of the Gudalur Valley that is accessible, acceptable and owned by the community. It was registered as a charitable society in 1990.

The Gudalur Adivasi Hospital

In June 2013, the new block of the hospital was inaugurated by tribal elders. All basic equipment were procured and installed and were functional by the end of the year. The hospital now has a good OT block with laparoscopy facilities, labour rooms, endoscopy, digital X-ray, ultrasound and blood bank. Except for the for the blood bank licence, all necessary licences were procured .

The first laparoscopic surgery was performed by Dr Vinoo Jacob. Since then many of our friends have helped us to perform these surgeries.

With the support of Drs Ramesh and Royson from St Johns Medical College in Bangalore, the tribal staff were trained in performing audiometry and in making moulds for the hearing aids. We will soon be in a position to evaluate hearing loss and fit hearing aids at GAH.

Some Hospital statistics	
Hospital beds	50
OP	31113
Dental	1783
IP	1833
Referrals for tertiary care	36
Deliveries	252
Surgeries	278
Lap surgeries	15
X rays	878
Endoscopies	271
Ultrasonograms	951

The Community Health Programme

The Community health programme has been on a maintenance phase with no special funding this year. The focus is to encourage better usage of the Government facilities.

Malnutrition is a growing problem and discussions are under way in the villages to address this issue. With the support of GIVE India, children with malnutrition are being provided with supplemental food.

Sadly the infant deaths have also started increasing in numbers.

Alcoholism has become a widespread problem in most tribal villages; thanks to the aggressive drive by the Government to set up alcohol shops all over the state, even in the remotest villages!

Statistics of the Community Health Programme	
Total tribal deliveries	360
% Deliveries in hospital	86%
% Antenatals with >3 Check ups	91%
No of children whose growth was monitored (90% of all)	1232
Normal weight %	53.73%
Moderate malnutrition %	37.74%
Severe malnutrition %	10.71%
Children immunised at 2 yrs of age %	87%
Couple protection rate	56%

No of pts seen in area centres	7710
No of patients seen in mobile clinics(6 Months)	2938
No of patients seen in PHCs with tribal counsellor	10909
No of screening for sickle cell	738
No of new patients detected with sickle cell disease	14
No of patients with TB on Rx	47
No of patients screened for HIV	1384
No of patients with chronic diseases	706
IMR/1000 Live Births	46.5
Maternal deaths	0
No of health volunteers	213

The ASHWINI Institute of Health and other training programmes



The training programs are progressing extremely well. We are happy to note that more girls from the Kattunaikkan community, the most backward of all tribal groups are now coming forward for training.

13 new students enrolled for the various courses; last year's students passed with flying colours. All the eligible staff have enrolled and are getting officially certified.

The Medical Student Elective programme is going well with excellent student feedback.

2 Post graduate students from TISS, Mumbai did their internship at ASHWINI. 10 MSc nursing students from St John's Medical College in Bangalore had their placement here as part of their curriculum. Junior MBBS students from CMC, Vellore spent time here as part of their secondary hospital exposure program.

A 3 day workshop for young health professions termed "Beyond Medicine" was held at Gudalur. There was enthusiastic participation of 30 youngsters from various parts of the country.

FOGSI Tamil Nadu chapter held a one day workshop on Obstetric care. This was attended by Nurses and doctors from various organisations.

Government programmes

The mobile outreach service of the Government was discontinued by us as we felt that it was not serving any purpose. The health animators now visit villages and get to spend time with people. TNHSP continues to reimburse the hospital the costs of all in patient tribal admissions under its "Bed Grant" program. The sickle cell programme and the tribal counsellors in PHCs continue with the support of the Government.

Staff

Dr Geeta, Dr Sheldon Rao and Dr Peter, an anaesthesiologist joined the team. Jyothi, an MSc nurse joined us to help set up the ANM training centre. 6 of the students who completed their training, have joined as staff. Mr Manikantan, a lab technician joined us to help start the Blood bank.

	Male	Female	
Tribal staff	11	38	Highest salary: Rs. 55000/month for senior doctor. Lowest salary: Rs 4550/month for maintenance staff.
Non tribal staff	5	17	Secretary is the head of the organisation. He was not paid any remuneration
There was no international travel by board members or staff of ASHWINI			

Salary Rs	Male	Female
< 5000	1	4
5 - 10000	8	29
10 - 25000	3	20
>25000	4	2

Board members	Position	No of meetings attended	Remuneration
Ms Janaki	President	5	Nil
Mr. K.T.Subramanian	Secretary	5	Nil
Mr. T.K.Ayyappan	Treasurer	5	nil

Funding Support

The Navajbai Ratan Tata Trust is supporting us for the up-gradation and running of the hospital. Poristes Stiftung supports the training programs at the ASHWINI Institute of Health including setting up of the necessary infrastructure for starting the ANM School of Nursing. Many individual donors have been supporting us through GIVE India. Our staunch supporters have continued to provide funds, skills and equipment to keep the programmes going. The UK charity "From Here to There" and "Tribal India Health Foundation" and "Vidyalaya.org" in the US continue to support us.

Donations in India are exempt from income tax under section 80G of the income tax act. Money can be transferred directly to our account in SBI, Gudalur (ASHWINI, A/c No 11317309532, IFSC Code: SBIN 0001016)

In the USA, Tax deductible donations can be made by check through Vidyalay.org Foundation Inc and mailed to Ms.Asmita Shendye, 35 Meyer Drive, Clifton, NJ 07012 or by online donation through Tribal India Health Foundation (TIHF), C/o Hari Prabhakar, 6407 Wrenwood Drive, Dallas, TX 75252.

In the UK, Gift aid can be a benefit if donations are sent to Account name: From Here To There, Sort Code: 30-65-92, Account number: 16621468. Email: friendsogudalur@gmail.com.

Financial Statement for the Year 2013-14

Balance Sheet		Income & Expenditure Statement	
Assets as on	March 31/2014	Income for the year ended on	March31/2014
Fixed assets	81617671	Earned/ Self generated income	11622796
Investments	16837549	Donations from Indian sources	1681335
Loans and advances	3022142	Grants from Indian sources	22426404
Cash and bank balances	2199781	Donations from International sources	1508460
Total Assets	103677142	Grants from International sources	14251973
Liabilities as on	31.03.14	Other income	518375
Society funds	70033681	Total Income	52009343
General fund (unrestricted fund)	2690054	Expenditure for the year ended on	31/03/2014
Corpus fund	1213964	Programme	18589967
Restricted/ Earmarked funds	15230505	Public education and fundraising	143970
Current liabilities and provisions	14508937	Management and administration	1729333
Total Liabilities	103677142	Other expenses	4987697
		Total Expenditure	25450967
		Excess of Income over Expenditure	26558377

Receipts & Payments Account			
Receipts for the year ended on	31.03.2014	Payments for the year ended on	31.03.2014
Opening Cash and Bank Balance	1637925	Capital purchased for the organisation	27811931
Earned/ Self generated income	5634246	Purchase of investments	25792112
Donations from Indian sources	1681335	Loans and advances	27988172
Grants from Indian sources	22474151	Other payments	24551824
Donations from International sources	1508460	Total Payments	106144039
Grants from International sources	14251973	Closing cash and bank balance	2199781
Sale of investments/ assets	20959521	Method of Accounting: - Cash Basis, Fixed Assets are stated at historical cost, Depreciation is provided on Assets under Written Down Value Method, Receipts and Payments out of Earmarked fund account is directly accounted in Balance Sheet.	
Loans/ Advances	29731679		
Other receipts	10464529		
Total Receipts	108343819		

Thank you all for your continued support